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Save between £50 to £90 per year

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“Change your habits and save money.”

Save Energy and Save Money

Tips for UK households

Change your habits and save money. With these simple energy saving tips we'll show you just how easy it is to cut the cost of your household electricity bill...

Turn it off!

It sounds simple when said but it's still something many are guilty of, not using it? Then turn it off! Make sure you turn off appliances and chargers when you're not using them. And if you're not in a room turn off the light!

It's a myth that turning a normal light on and off uses more energy than leaving it on and nearly all electrical devices and electronic appliances can be safely turned off at the plug.

A family could save between £50 and £90 a year just by remembering to turn things off.

Replace your bulbs

Are you still using incandescent or halogen lightbulbs? If so, why? You can now get LED spotlights that are bright enough to replace your halogen bulbs and compact fluorescent lamps (CFLs) for all of your other light fittings.

So why replace? Well, in most homes lighting accounts for around 15% of the household electricity bill and according to the Energy Saving Trust for each older bulb you replace with a CFL bulb you could save around £3 a year. So by replacing all of your bulbs with energy savings ones you would be looking at savings of around £55 a year!

Careful cooking

Taking a little extra care in the kitchen can save you cash! A few simple tips include using the right sized pan for the food and hob when cooking, keeping the saucepan lid on to keep in the heat and using the toaster to make toast and not the grill. Also get out of the habit of filling the kettle right up every time you make a drink, only boiling the water you need, will save you so much money in the long run.

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Wash wisely

Don't just take care with your delicates, whites and colours, take care with your washing machine settings too. When you have a load of clothes that have only been worn once and that are not really visibly dirty try putting them on a 30°C wash, anything more than this is just unnecessary and a waste of energy.

Perhaps another obvious one but if it's dry outside why are you using the tumble dryer? Only use the tumble drier when you really need to, i.e. rainy days and you'll soon notice a difference in your electricity bills.

<http://www.stator-electricians.co.uk/>

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